

LOSA

# Breast Implant Revision & Fat Grafting Surgery

For cosmetic purposes

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PATIENT INFORMATION BOOKLET

**Restoring natural  
form & aesthetics.**

25 Spindelove Avenue  
Southport QLD 4215  
P: 07 5503 0248 | F: 07 5676 6436  
[hello@losa.com.au](mailto:hello@losa.com.au)

# Breast Implant Revision & Fat Grafting Surgery

## PATIENT INFORMATION BOOKLET

This information has been prepared for those seeking information on breast implant revision & fat grafting surgery. The information provided is a guide only, a consultation with Dr Campbell-Lloyd is required before formal quotes can be given.

### Consultation:

When you call to make an appointment, our staff will take some basic details from you including your email address. We will then send out electronic versions of our new patient forms, including a registration form (for your personal and health fund details), as well as copies of our privacy and fees policies.

Please ensure you take the time to fill these forms out and email them back to us before your appointment date. In most cases, your referring doctor will have sent an electronic copy of your referral to us, but if not, please bring a hard copy of your referral on the day of your appointment.

Wait periods for a consultation with Dr Campbell-Lloyd can vary depending on the time of year. Please visit our website for estimated wait times displayed on our home page.

You will have a 45 minute consultation with Dr Campbell-Lloyd: the cost is \$250 and with a referral you will receive a rebate of \$75.05. During the consultation you will:

- Discuss in length the procedure you are interested in having done;
- Be assessed to determine whether you are a candidate for your chosen procedure;
- Be examined and measured with the assistance of our female practice nurse; and
- Have pre-operative photographs taken by the practice nurse, these are to assist with making a surgical plan and to be obtain accurate quotes.

If you decide to proceed with surgery:

Due to the complexity of the procedures we perform, you will be required to have a second short consultation to finalise a surgical plan and sign a consent form. If your first consultation is kept within the allocated 45 minutes your second consultation will be at no extra charge. If you exceed the allocated time, are unsure about proceeding and wish to have a further discussion or request more than two consultations you will be billed per subsequent visit of \$100 with a rebate of \$37.70.

### Referral:

We recommend you bring a referral along to your appointment regardless if you are enquiring about a procedure where an item number applies or not.

A referral will give you access to the Medicare rebate for your consultation, will entitle you to a rebate from your procedure and anaesthetic costs (if an item number is applicable) as well as allow us to bulk bill your scheduled post-operative appointments.

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### After your consultation:

We will contact the hospitals and anaesthetist to obtain an accurate quote for your surgery. We will provide this information to you as soon as it is available. This can take up to a week as we are communicating with organisations outside of our practice. The quote will have any applicable item numbers for your procedure. Please take the time to check with your health fund if your level of cover covers the procedure requested.

Your quote will show the total cost as well as an estimated rebate from Medicare. Our quotes will not display the 'top up' rebate amount from your specific health fund. It is best to contact your health fund for confirmation of cover.

If you choose to book your surgery we will advise of operating availability. Please be aware that we try to accommodate your date and hospital of choice but Dr Campbell-Lloyd operates only on specific days at certain hospitals. Please also be aware that there is a mandated 7 day cooling off period after consultation before any major surgery can be performed.

### Pre-op- What to expect:

#### Preparation for surgery:

If you have children it's best to prepare them that you won't be able to play or lift them for the first 6 weeks. It may be a good idea to organise child care and meals in advance.

Put your gym membership on hold! You won't be needing this for a little while. We insist on a 6 week recovery period before easing back into the exercise. You will not be able to lift, bounce or run for several weeks.

You cannot immerse yourself in water for a few weeks - this includes baths and spas, rivers and creeks, and the ocean. All wounds must be sealed before doing this as it can put you at risk of infection.

Showering is fine and something we recommend very early on after surgery.

#### Hospital:

The operative time varies depending on the procedure - it usually ranges between 2 to 4 hours. Most procedures can be carried out as day surgery and do not require an overnight stay. If you have an item number for your procedure and you have the correct level of cover you may request to stay overnight, which would be covered by your health fund.

#### Garment:

You will be required to wear a post-operative support garment 24/7 for a minimum of 4 weeks. In most cases we recommend 6 weeks.

### Post-operative appointments:

You will have a post-operative appointment with the practice nurse approximately 1 week after surgery. Your wounds will be checked and if required dressings changed. You will then be booked for a further follow up appointment approximately 6-8 weeks post-operatively (or as required). Dr Campbell-Lloyd will then have scheduled review appointments for all breast implant patients at 4 months and 12 months.

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### COSTS

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#### Explant only

Item number: 45548

Surgeon's fee: \$2990 (estimated rebate \$280)

Anaesthetic fee: From \$770

Hospital: Insured: hospital excess only  
Uninsured: From \$1250

#### Explant (+ capsulectomy)

Item number: 45551

Surgeon's fee: \$3990 (estimated rebate \$450)

Anaesthetic fee: From \$1500

Hospital: Insured: hospital excess only  
Uninsured: \$1250-\$1500

#### Explant (+ en-bloc capsulectomy)

Item number: 45551

Surgeon's fee: \$4990 (estimated rebate \$450)

Anaesthetic fee: From \$1800

Hospital: Insured: hospital excess only  
Uninsured: \$1250-\$1500

#### Remove & replace implants

Item number: An item number does not apply when replacing the implant

Surgeon's fee: \$4790 exc. GST

Anaesthetic fee: From \$1200 exc. GST

Hospital: From \$1200



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### FAQ's

#### **I have textured implants do I need to get them out ASAP because of ALCL?**

Anaplastic Large Cell Lymphoma (ALCL) is recognised to be associated with textured breast implants. There are some symptoms to be aware of because if they occur you may be at risk of ALCL.

- Change in symmetry; breasts suddenly look uneven - one breast larger than the other
- Fluid around the implant, a 'sloshing' feeling in the breast;
- A lump in the breast or arm pit;
- Any other sudden change of the breasts.

If you have any of the above symptoms you must present to your GP for investigation. This is something that needs to be investigated immediately and you should not wait for an appointment with Dr Campbell-Lloyd.

If you do not have any of the above symptoms, there would be no obvious cause for concern. Dr Campbell-Lloyd recommends regular screening and monitoring of any breast implants.

#### **I have a ruptured implant is it urgent to have it removed?**

A ruptured implant alone is not a reason for urgency. Implants can rupture and go unnoticed for some years. If you still have 'PIP' implants, we do advise to have them removed promptly. This is due to the non-medical grade silicone that was used in these implants (which are no longer on the market).

If you are unsure if you have a ruptured implant it is best to have this investigated prior to your consultation with Dr Campbell-Lloyd. Your GP can refer you for an ultrasound; although this is not always a definitive image. We usually recommend a breast MRI. An MRI will incur an out of pocket fee when you are not referred by a specialist in the field. If you have other symptoms like sudden swelling of one or both breasts, pain, a 'sloshing' sensation due to fluid or any other sudden change in appearance of the breast we recommend you see your GP promptly for investigation. If your images display any cause for concern we will ensure you are seen within the appropriate time frame. We urge you to seek investigative treatment from your GP for acute symptoms as we usually only offer urgent appointments to those with a referral stating the urgency.

#### **What implants do you use?**

Primarily we use Motiva implants.

- They are a nano-textured implant (not macro textured as associated with ALCL);
- There are no reported cases of ALCL associated with this implant;
- They are a round implant